



Today, we are continuing our series, Getting My Life in Order, and focusing on the foundation of all order—our spiritual life. No matter how organized we try to be—whether through schedules, vision boards, or spring cleaning—there’s always something missing when our spiritual life is out of alignment. Proverbs 3:5-6 reminds us that true direction and fulfillment come from trusting in the Lord, not relying on our own understanding. Today, we will consider what it means to get our spiritual lives in order.

Key Passage: Proverbs 3:5-6

Discussion Questions:

1. Why is self-reliance spiritually dangerous? How does it hinder us from truly aligning our lives with God?

Self-reliance gives us a false sense of control, leading us to believe we can navigate life without God's guidance. Proverbs 3:5 warns against leaning on our own understanding because human wisdom is limited and flawed. When we trust in ourselves alone, we risk making choices based on emotions, culture, or personal logic rather than God's truth. True wisdom comes when we recognize our dependence on God and submit to His direction.

2. How does Proverbs 16:25 challenge the idea of “following your heart” as life advice?

Proverbs 16:25 states, “There is a way that seems right to a man, but in the end, it leads to death.” This reminds us that our instincts and desires can lead us astray when not aligned with God's wisdom. Culture often encourages people to “follow their heart,” but Scripture warns that the human heart is deceitful (Jeremiah 17:9). Instead of trusting our feelings, we need to trust God's Word, which provides the truth that leads to life.

3. What are some common cultural examples of human wisdom versus godly wisdom?

Human wisdom prioritizes success, self-sufficiency, and personal happiness, often at the expense of integrity or faith. For example, the world may say, “Do whatever makes you happy,” while Godly wisdom teaches us to seek righteousness and obedience to God. Another example is financial planning—human wisdom tells us to store up wealth for security, while godly wisdom reminds us to trust God as our provider. God's wisdom leads to peace and fulfillment, while human wisdom often leads to temporary satisfaction but long-term emptiness.

4. Why is fully trusting God so difficult for many people? Are there areas where you find it hard to trust God completely?

Trusting God requires surrender, which is difficult because people fear losing control. Culture teaches us to be self-sufficient, making it challenging to depend on something we cannot physically see or control. Anxiety often arises when we face uncertainty, but Proverbs 3:5 calls us to trust God, knowing He sees the bigger picture. When we learn to trust Him fully, we experience peace beyond our understanding (Philippians 4:6-7).

5. How does fear of the Lord lead to trust and wisdom?

Proverbs 1:7 says, “The fear of the Lord is the beginning of knowledge.” This doesn’t mean being terrified of God but having deep reverence and awe for His power, holiness, and wisdom. When we acknowledge God’s greatness, we naturally trust Him more, knowing He is in control. This fear of the Lord helps us make wise decisions that align with His will rather than our own limited understanding.

6. Why is it easier to trust in worldly things than to trust in God?

We often trust worldly things because they provide immediate and tangible results, whereas trusting God requires faith in the unseen. We rely on cars to start and brakes to work because of repeated experiences, but trusting God sometimes means waiting and surrendering our expectations. The irony is that earthly things can fail, while God’s faithfulness never does. Fully trusting God requires shifting our mindset from temporary securities to eternal faith.

7. What does it mean to acknowledge God in all our ways, as Proverbs 3:6 instructs?

Acknowledging God means recognizing His authority, seeking His guidance, and submitting to His will in every aspect of life. It’s not just a casual nod to God when things go well but a constant posture of dependence on Him. When we acknowledge Him, we align our choices, relationships, and daily actions with His Word. As a result, He promises to make our paths straight, leading us toward His best plan for our lives.

8. What are practical ways to yield to God’s direction in everyday life?

Yielding to God starts with daily surrender—praying, reading Scripture, and being sensitive to His leading. It means seeking His will in our decisions, whether in relationships, careers, or personal struggles. Surrounding ourselves with godly counsel and actively obeying His Word helps us stay on the right path. As Proverbs 3:6 promises, when we acknowledge Him, He will make our paths straight, leading us toward a life of peace, joy, and purpose.