

DESPERATE FOR GOD TO MOVE

Today, we're going to talk about being "Desperate for God When I Feel Exhausted." Do you ever feel like you have nothing left to give? That you can't handle one more bad thing happening? That you can hardly breathe because the trials of life have made you feel like you're drowning? This message is for you. Today's study centers on Elijah, a prophet who faced significant trials despite obeying God. Our passage highlights Elijah's journey through droughts, threats from powerful enemies, and moments of deep despair. As we look at Elijah's life, we'll see the importance of obedience, rest, and communion with God. Through Elijah's highs and lows, we'll discover some critical lessons about handling exhaustion.

Key Passage: 1 Kings 17

Discussion Questions:

1. What role does obedience play in Elijah's story? How does Elijah's obedience relate to God's provision?
2. How does the story of Elijah challenge the notion that following God guarantees an easy life?
3. What significance does rest have in Elijah's story, and how does it relate to modern life?
4. How does Elijah's experience with depression after Mount Carmel challenge common assumptions about faith and emotional struggle?
5. Why do you think Elijah felt such despair after experiencing God's power so clearly on Mount Carmel?
6. What does the contrast between God's presence in the quiet whisper and the dramatic events (wind, earthquake, fire) teach us about hearing from God?
7. How can we apply the idea of intentional communion with God in our daily lives?
8. What lessons can we learn from the widow's obedience to Elijah despite her desperate circumstances?
9. Why is it important for Christians to recognize their human limitations, as seen in Elijah's story?
10. What about this study has challenged you most? What's your biggest takeaway?