



Today, we continue in our series, “Unreasonable God.” We’ve titled this series “Unreasonable God” because God went beyond the normal in giving us Jesus, and this unreasonable God calls us to unreasonable obedience as we follow Him. Today’s study is titled “Unreasonable Prayer.” Today, we’ll consider the pattern of Jesus’ prayer life described in Mark 1, highlighting His “unreasonable” commitment to prayer. We’ll consider how Jesus balanced mission with wisdom by prioritizing time alone with God and adopting this pattern into our daily lives as we aim to avoid burnout.

**Key Passage:** Mark 1:32-38

**Discussion Questions:**

1. From the sermon, what parallel was made between how we handle our car’s gas tank and live our daily lives/serve God?
2. What does Mark 1:35 reveal about the importance of prayer in Jesus’ life?
3. How does the instruction to “divert daily, withdraw weekly, abandon annually” contribute to our spiritual health? What’s the value of incorporating each of these practices? What risks do we run by ignoring them? Why are we tempted to minimize their importance?
4. Why did Jesus silence the demons, even though they recognized Him as the Son of God? What lesson can we learn from the fact that the demons knew who Jesus was but didn’t follow Him?
5. How does Simon Peter’s reaction to Jesus’ praying align with our perspective on the busyness of life? How can the “fear of missing out” cost us spiritually? How can we balance the demands of daily life and our need for spiritual renewal?
6. What is the significance of Jesus departing to a place of silence and solitude to pray? How does Jesus’ life model Psalm 46:10? How does this compare to the tyranny of the digital age in which we live?
7. What about this study has challenged you most? What's your biggest takeaway?