



In today's passage, Jesus addresses our struggle with worry and anxiety. We'll see Jesus invite us to trust in God's provision by pointing to birds and lilies as He challenges us to focus on the Kingdom of God rather than earthly concerns. The truth of today's passage provides comfort and calls us to prioritize faith and trust in God's sovereignty.

Key Passage: Matthew 6:25-34

Discussion Questions:

1. Why do you think Jesus begins this passage by telling us not to worry about our lives, food, and clothing? What does this suggest about our daily concerns?
2. What can we learn about God from the birds of the air and the lilies of the field? How do these examples challenge us to trust God?
3. Why does Jesus ask about worry adding a single hour to your life? What does this say about the effectiveness of worry?
4. What does Jesus mean when He says that God will much more clothe us, "O you of little faith"? How does faith play a role in overcoming worry?
5. Why does Jesus contrast the concerns of the Gentiles with the needs of believers? What distinction is He making about our relationship with God?
6. How does understanding that "your heavenly Father knows that you need them all" change our perspective on our needs and worries?
7. What does "seek first the kingdom of God and his righteousness" mean? How can prioritizing this pursuit impact our daily lives and worries?
8. How does Jesus' promise that "all these things will be added to you" serve as an assurance? In what ways have you seen this promise fulfilled in your own life?
9. What practical steps can we take to live out Jesus' command to not worry about tomorrow? How does focusing on today's challenges help us maintain peace and trust in God?