



We hope you're enjoying our sermon series in the book of Exodus! We've got a little over a month left in this great book of the Bible. So far, we've seen Israel freed from slavery and cross the Red Sea. We've also seen God's provision for Israel in the wilderness repeatedly.

Today, we're going to see two things. First, Israel will battle for the first time with an enemy. Second, and this is where our focus will be, you see the value of other people in your life. The title of today's study is "You Can't Do It Alone." Many of us want to believe we can live life by ourselves. We may not live in isolation from others, but we often want to push people away. This could be because of pride, past pain, or being uncomfortable with vulnerability. However, in the Christian life, relationships are the name of the game. Exodus 17 and 18 show us, and for some of us, *remind* us of the need to let others into our lives. The Christian life is no solo sport; it is a group activity!

Key Passage: Exodus 17:8 - 18:27

Discussion Questions:

1. What significance does the phrase "you can't do it alone" hold in the context of the Christian life?
2. In what ways does the story of Moses, Aaron, and Hur holding up Moses' arms during the battle provide lessons for building supportive relationships?
3. Discuss the tendency for people, particularly as they age, to become more secluded and less connected with others. What are the implications of this tendency when facing life's battles?
4. Why is it unsustainable and detrimental for leaders to bear leadership's burdens alone? Why do we feel pressure to "go it alone" sometimes? What parallels can be drawn between Moses' leadership challenges and those we face in various leadership roles (family, work, or community)?
5. What practical steps does Jethro suggest to Moses to alleviate the burden of leadership, and how might these principles be applied in modern contexts?
6. What's one personal takeaway from today's study you can focus on this week?