

EPHESIANS

WHO I AM AND WHY IT MATTERS

Since Mother's Day, we've been journeying through the book of Ephesians together. As we've said earlier in the series, the Book of Ephesians is divided into two halves. The first three chapters are all about who you are in Christ. These chapters are theological, describing your identity in Christ. The second half of the book talks about why all of this matters. In other words, what does it look like practically to walk with Christ daily? So today, let's jump into the book's second half together and look at our calling to love and serve within the church.

Scripture: Ephesians 4:1-16

Discussion Questions:

1. Looking back at your sermon notes, what encouraged or challenged you the most?
2. In Ephesians 4:1-2, Paul calls us to live a life worthy of our calling. What is our calling? What does it mean to walk "worthy" of it?
3. How do you know if you're walking in rhythm with this calling? What practical things make it challenging to live in rhythm with our calling?
4. In Ephesians 4:3-6, Paul urges us to make every effort to preserve the unity of the Spirit. What is the unity of the Spirit? Why do you think this may have been a challenge for the church in Ephesus? Why is it a challenge for us today? What does it take for us to maintain unity? What does it mean that unity doesn't mean uniformity?
5. In Ephesians 4:7-10, Paul says that Christ has given gifts to His people. Do you know what spiritual gift Christ has given you? Why did Jesus give these gifts? How are you using your gift to build the church?
6. In Ephesians 4:11-13 and 16, Paul describes a few specific gifts/roles that Jesus gave the church. Why were these gifts/roles given? How can you help those with these specific roles to fulfill their calling as they serve the church?
7. How does Ephesians 4:13-15 help us understand what it means to be spiritually mature? What role does the church play in helping you move toward spiritual maturity? What role do you play personally?
8. What's one personal takeaway from today's study you can focus on applying in your life this week?